

# TRINITY CHURCH

*First Sunday of Lent*

*February 18, 2024*

*9:30 a.m.*



## WELCOME TO OUR TRINITY CHURCH FAMILY!

*The Rt. Rev. Dr. Shannon MacVean-Brown, Bishop of the Diocese of Vermont*

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*We are a vibrant Episcopal family united in following Christ.*

*Seeking God \* Growing in spirituality \* Serving all with compassion \* Embracing courageous hope*

**The Rev. Sarah C. Ginolfi, Rector**

# 9:30a.m. *First Sunday of Lent – Holy Eucharist*

*Thank you for silencing your cell phones.*

## *The Great Litany*

### **GATHER IN PENITENTIAL SILENCE.**

*Posture note: Many choose to kneel during the Great Litany. Standing, however, is also a position of prayer and penitence. You may also remain seated during this section as your body dictates. Your "holiest" posture today is your presence among us.*

**The Great Litany** *S 67 service music, marked by S is found in the front of the blue hymnal*  
*cantor – David Rugger*

Cantor: O God the Father, Creator of heaven and earth,

People: *Have mercy upon us.*

Cantor: O God the Son, Redeemer of the world,

People: *Have mercy upon us.*

Cantor: O God the Holy Spirit, Sanctifier of the faithful,

People: *Have mercy upon us.*

Cantor: O holy, blessed, and glorious Trinity, one God,

People: *Have mercy upon us.*

Cantor: Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us, for ever.

People: *Spare us, good Lord.*

Cantor: From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,

People: *Good Lord, deliver us.*

Cantor: From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,

People: *Good Lord, deliver us.*

Cantor: From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,

People: *Good Lord, deliver us.*

Cantor: From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,

People: *Good Lord, deliver us.*

Cantor: From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,  
*People: Good Lord, deliver us.*

Cantor: From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,  
*People: Good Lord, deliver us.*

Cantor: By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,  
*People: Good Lord, deliver us.*

Cantor: By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,  
*People: Good Lord, deliver us.*

Cantor: In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,  
*People: Good Lord, deliver us.*

Cantor: We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to bless and keep all thy people,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to bring into the way of truth all such as have erred, and are deceived,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee so to rule the hearts of thy servants, the President of the United States (*or of this nation*), and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to preserve all who are in danger by reason of their labor or their travel,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to have mercy upon all mankind,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,  
*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,

*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to grant to all the faithful departed eternal life and peace,

*People: We beseech thee to hear us, good Lord.*

Cantor: That it may please thee to grant that, in the fellowship of all the saints, we may attain to thy heavenly kingdom,

*People: We beseech thee to hear us, good Lord.*

Cantor: Son of God, we beseech thee to hear us.

*People: Son of God, we beseech thee to hear us.*

Cantor: O Lamb of God, that takest away the sins of the world,

*People: Have mercy upon us.*

Cantor: O Lamb of God, that takest away the sins of the world,

*People: Have mercy upon us.*

Cantor: O Lamb of God, that takest away the sins of the world,

*People: Grant us thy peace.*

Cantor: O Christ, hear us.

*People: O Christ, hear us.*

Cantor: Lord, have mercy upon us.

*People: Christ, have mercy upon us.*

Cantor: Lord, have mercy upon us.

### *The Invitatory*

Opening Sentences
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Celebrant: Bless the One who forgives all our sins;

*People: God's mercy endures for ever.*

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

# The Word of the Lord

## The Collect of the Day

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Let us pray. Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

## Lessons of the Day

First Lesson:

Genesis 9:8-17

Reader: A reading from the book of Genesis.

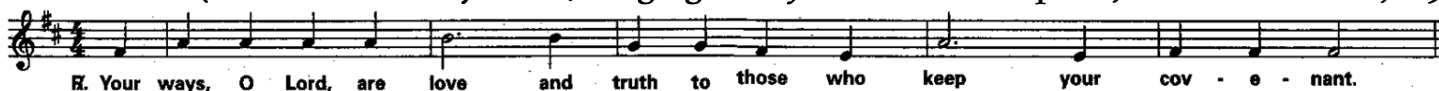
God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

Hear what the Spirit is saying to God's people.

People: *Thanks be to God.*

Psalm (verses chanted by choir; congregation joins on the antiphon)

Psalm 25:1-9



1 To you, O Lord, I lift up my soul; my God, I put my trust in you; \*  
let me not be humiliated, nor let my enemies triumph over me.

2 Let none who look to you be put to shame; \*  
let the treacherous be disappointed in their schemes.

3 Show me your ways, O Lord, \*

and teach me your paths.

4 Lead me in your truth and teach me, \*

for you are the God of my salvation; in you have I trusted all the day long.

*REFRAIN*

5 Remember, O Lord, your compassion and love, \*

for they are from everlasting.

6 Remember not the sins of my youth and my transgressions; \*

remember me according to your love and for the sake of your goodness, O Lord.

*REFRAIN*

7 Gracious and upright is my God; \*

who teaches sinners in the way of righteousness.

8 The Lord guides the humble in doing right \*

and teaches the lowly.

9 All the paths of the Lord are love and faithfulness \*

to those who keep God's covenant and testimonies.

*REFRAIN*

Second Reading

1 Peter 3:18-22

Reader: A reading from the first letter of Peter.

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you— not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Hear what the Spirit is saying to God's people.

People: *Thanks be to God.*

Sequence Hymn	<i>Led by the Spirit (see back page)</i>
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Gospel

Mark 1:9-15

Celebrant: The Holy Gospel of our Savior Jesus Christ according to Mark.

People: *Glory to you, O Christ.*

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days,

tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

The Gospel of Christ.

*People: Praise to you, O Christ.*

Sermon

The Rev. Sarah Ginolfi

### The Nicene Creed (Congregation)

**Celebrant:** Let us affirm our faith in the words of the Nicene Creed.

*People: We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.*

### The Confession and Absolution

**Celebrant:** Let us confess our sins against God and our neighbor.

*All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.*

**Celebrant:** Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*



The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

Announcements

*Thank you for your financial commitment to the life of Trinity Church. Your faithful stewardship helps us dare to dream alongside God's mission of Love. The offering plate is located at the top of the center aisle on the way to the altar.*

Offertory Anthem

*Wash me thoroughly*

*David Halls*

*The Holy Communion*

**The Great Thanksgiving S 120**

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Lift up your hearts.

People: *We lift them to the Lord.*

Celebrant: Let us give thanks to the Lord our God.

People: *It is right to give him thanks and praise.*

Celebrant: It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever. Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance. Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

**Sanctus S 122**

*All: Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.*

*Hosanna in the highest. Blessed is he who comes in the name of the Lord.*

*Hosanna in the highest.*

**Eucharistic Prayer D (People stand or kneel as able.)**

Celebrant: We acclaim you, holy God, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, we might guard and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again

and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose, he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup.

O God, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name. Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. AMEN.

#### The Lord's Prayer

Celebrant: And now, as our Savior Christ has taught us, we are bold to say,

*All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.*

The Fraction

Celebrant: Christ our Passover is sacrificed for us.

People: *Therefore, let us keep the feast.*

The Invitation

from *Iona Abbey Worship Book*

Celebrant: Come to this table, you who have much faith and you who would like to have more; you who have been here often and you who have not been for a long time; you who have tried to follow Jesus and, and you who have failed. Come! It is Christ who invites us to meet him here.

*You are welcome at God's table! To join in this sacred meal, proceed up the center aisle and either stand or kneel along the railing. The inside rows go first up the center aisle and then the outside rows dismiss to the back of the church and then up the center aisle. If that's too far a walk, please come to the railing in whatever way you are most able, or alert an usher if you wish to receive communion in your seat. There are two options to receive the wine: by sharing from the common chalice (cup) or by intinction (dipping the wafer) into the Communion Bowl. Please do not use the common cup for dipping. Gluten free wafers and/or grape juice are available upon request. Finally, those wishing to receive a blessing instead of Communion are invited to cross their arms as a signal to the priest.*

Post Communion Prayer

Celebrant: Let us pray.

All: *Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.*

Blessing

Celebrant: God's blessing be with you, Christ's peace be with you, the Spirit's outpouring be with you now and always. *Amen.*

Closing Hymn #142

*Lord, who throughout these forty days*

Dismissal

Celebrant: Let us bless the Lord.

People: *Thanks Be to God!*

Postlude

*Improvisation on "St. Flavian"*

*Exiting: Your presence is a blessing! Thank you for this gift.*

*\* Please note: The Hymnal 1982 uses masculine pronouns for God since that was customary at the time of its printing. Those worshipping, however, are welcome to substitute gender neutral pronouns for God when singing or speaking if that better honors your practice.*

## LED BY THE SPIRIT

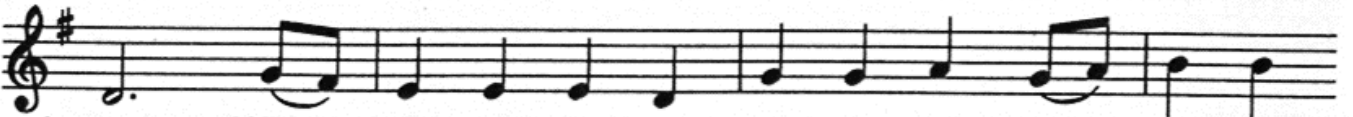
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KINGSFOLD



1. Led by the Spir - it of our God, we go to fast and  
2. Led by the Spir - it, we con - front temp - ta - tion face to  
3. Led by the Spir - it, now draw near the wa - ters of re -  
4. Led by the Spir - it, now sing praise to God the Trin - i -



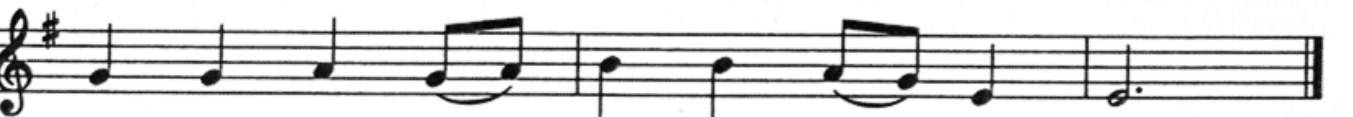
1. pray With Christ in - to the wil - der - ness; we join his  
2. face, And know full well we must re - ly on God's re -  
3. birth With hearts that long to wor - ship God in spir - it  
4. ty: The Source of Life, the liv - ing Word made flesh to



1. pas - chal way. "Rend not your gar - ments, rend your hearts. Turn  
2. deem - ing grace. On bread a - lone we can - not live, but  
3. and in truth. "Who - ev - er drinks the drink I give shall  
4. set us free, The Spir - it blow - ing where it will to



1. back your lives to me." Thus says our kind and  
2. nour - ished by the Word We seek the will of  
3. nev - er thirst a - gain." Thus says the Lord who  
4. make us friends of God: This mys - t'ry far be -



1. gra - cious God, whose reign is lib - er - ty.  
2. God to do: this is our drink and food.  
3. died for us, our Sav - ior, kin and friend.  
4. yond our reach, yet near in heal - ing love.

Text: CMD; based on Joel 2:12-13; Matthew 4:1-4; Mark 1:12-15; John 4:5-42; Bob Hurd, © 1996, Bob Hurd. Published by OCP. All rights reserved. Music: Trad. English melody; *English Country Songs*, 1893; adapt. by Ralph Vaughan Williams, 1872-1958.

LENT — 225