

# TRINITY CHURCH

*Fifth Sunday after the Epiphany*

*February 4, 2024*

*9:30 a.m.*



## WELCOME TO OUR TRINITY CHURCH FAMILY!

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*We are a vibrant Episcopal family united in following Christ.*

*Seeking God \* Growing in spirituality \* Serving all with compassion \* Embracing courageous hope*

**Priest-in-Charge: The Rev. Sarah C. Ginolfi**

# 9:30a.m. Fifth Sunday after the Epiphany – Holy Eucharist

## The Word of the Lord

Prelude	Three Kyrie versets ( <i>Messe pour les couvents</i> )	Francois Couperin
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* Opening Hymn #423	<i>Immortal, Invisible, God only Wise</i>
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### Opening Sentences

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: *And blessed be God's kingdom, now and forever. Amen.*

Celebrant: Eternal God, who created all things out of love, we thank you for the gifts of grace and mercy; open our hearts to receive your love so that we might become like Jesus, loving ourselves and our neighbors just as you love us. In Your name we pray. *Amen.*

Glory to God S 277 service music, marked by S is found in the front of the blue hymnal
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### The Collect of the Day

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

### Lessons of the Day

First Reading

Isaiah 40:21-31

Reader: A reading from the book of Isaiah.

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint. Hear what the Spirit is saying to God's people.

People: *Thanks be to God.*

Psalm (chanted by the choir)

Psalm 147:1-12, 21C

- 1 Hallelujah! How good it is to sing praises to our God! \*  
how pleasant it is to honor the Lord with praise.
- 2 The Lord rebuilds Jerusalem \*  
and gathers the exiles of Israel.
- 3 The Lord heals the brokenhearted \*  
and binds up their wounds.
- 4 The Lord counts the number of the stars \*  
and calls them all by their names.
- 5 Great is our Lord and mighty in power, \*  
whose wisdom is beyond limit.
- 6 The Lord lifts up the lowly, \*  
but casts the wicked to the ground.
- 7 Sing to the Lord with thanksgiving; \*  
make music to our God upon the harp.
- 8 God covers the heavens with clouds \*  
and prepares rain for the earth;
- 9 God makes grass to grow upon the mountains \*  
and green plants to serve humankind.
- 10 God provides food for flocks and herds \*  
and for the young ravens when they cry.
- 11 The Lord is not impressed by the might of a horse \*  
and has no pleasure in the strength of a man;
- 12 But the Lord has pleasure in the God-fearing, \*  
in those who await God's gracious favor. Hallelujah!

Second Reading

1 Corinthians 9:16-23

Reader: A reading from the First Letter to the Corinthians.  
If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.  
Hear what the Spirit is saying to God's people.

People: *Thanks be to God.*

Gospel

Mark 1:29-39

Celebrant: The Holy Gospel of our Savior Jesus Christ according to Mark.

People: *Glory to you, O Christ.*

Celebrant: After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of Christ.

People: *Praise to you, O Christ.*

Sermon

The Rev. Sarah Ginolfi

The Nicene Creed (Congregation)

Officiant: Let us affirm our faith in the words of the Nicene Creed.

People: *We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.*

Intercession Prayers

Reader: Let us raise our prayers to our Ever-loving God.

All: *Lift ev'ry voice and sing,  
till earth and heaven ring,  
ring with the harmonies of liberty.  
Let our rejoicing rise  
high as the list'ning skies,  
let it resound loud as the rolling sea.*

Reader: We pray for your holy Catholic Church; Grant that every member of the Church may truly and humbly serve you—especially our Presiding Bishop, Michael Curry, our Bishop, Shannon MacVean-Brown, and our priest, Sarah Ginolfi, and all the lay leaders of our parish. In our cycle of prayers, we pray for **The Anglican Church of South America; St. Peter’s Church, Bennington; the Rev. Jeremy Means-Koss and their constellation partners, St. James’ Church, Arlington.**

*All: Sing a song full of the faith that the dark past has taught us.  
Sing a song full of the hope that the present has brought us.  
Facing the rising sun of our new day begun,  
let us march on till victory is won.*

Reader: Have compassion on those who suffer from any grief or trouble; especially **Priscilla, Elaine, Mary Ann, Hawa, Dot, Tom, Barbara, Pat.** Give to the departed eternal rest. **Especially Will Pratt who died last week.**

*All: God of our weary years,  
God of our silent tears,  
thou who hast brought us thus far on the way,  
thou who hast by thy might  
led us into the light,  
keep us forever in the path, we pray.*

Reader: We pray for all who govern and hold authority in the nations of the world, that there may be justice and peace in the world. We pray that the children under the protection of Orphan Care Volunteers Association in Uganda receive those blessing’s necessary to sustain their physical and spiritual well being. We pray for all victims of violence; for those persecuted for race or gender; for all suffering financial hardship.

*All: Lest our feet stray from the places, our God, where we met thee;  
lest our hearts, drunk with the wine of the world, we forget thee;  
shadowed beneath thy hand,  
may we forever stand,  
true to our God, true to our native land.*

Reader: Give us grace to do your will in all that we undertake so that our works may find favor in your sight. God, celebrate with us as we commend those in our congregation with birthdays and anniversaries this week: **Tammy Hawkins, Sue Beriau, Julia Rampone, Rose Scruton.**

*All: Out from the gloomy past,  
till now we stand at last  
where the bright gleam of our bright star is cast.*

Celebrant: Almighty and most merciful God, we remember before you all poor and neglected persons whom it would be easy for us to forget: the homeless and the destitute, the old and the sick, and all who have none to care for them. Help us to heal those who are broken in body or spirit, and to turn their sorrow into joy. Grant this, Father, for the love of your Son, who for our sake became poor, Jesus Christ our Lord. *Amen.*

#### The Confession and Absolution

Celebrant: Let us confess our sins against God and our neighbor.

*People: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole*

*heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.*

Celebrant: Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

#### The Peace

Celebrant: The peace of God be always with you.

People: *And also with you.*

#### Announcements

*Thank you for your financial commitment to the life of Trinity Church. Your faithful stewardship helps us dare to dream alongside God's mission of Love. The offering plate is located at the top of the center aisle on the way to the altar.*

## The Holy Communion

#### Offertory Anthem

*Almighty and everlasting God*

*Orlando Gibbons*

#### The Great Thanksgiving S 120

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Lift up your hearts.

People: *We lift them to the Lord.*

Celebrant: Let us give thanks to the Lord our God.

People: *It is right to give God thanks and praise.*

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

#### Sanctus S 124

All: *Holy, holy, holy Lord, God of power and might.*

*Heaven and earth are full of your glory. Hosanna in the highest.*

*Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

#### Eucharistic Prayer B (People stand or kneel as able.)

Celebrant: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in Jesus Christ, the Word made flesh. For in these last days you sent Jesus to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In Christ, you have delivered us from evil, and made us worthy to stand before you. In Christ, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night before he died for us, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to

his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

*People: We remember Christ's death,  
We proclaim Christ's resurrection,  
We await Christ's coming in glory;*

*Celebrant: And we offer our sacrifice of praise and thanksgiving to you, O Savior of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us in the sacrifice of Jesus Christ, through whom we are acceptable to you, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Savior, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. AMEN.*

#### The Lord's Prayer

*Celebrant: And now, as our Savior Christ has taught us, we are bold to say,  
All: Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.*

#### The Fraction S 152

*Celebrant: Alleluia! Christ our Passover is sacrificed for us.  
People: Therefore let us keep the feast. Alleluia!*

#### The Invitation

*Celebrant: The gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.*

*You are welcome at God's table! To join in this sacred meal, proceed up the center aisle and either stand or kneel along the railing. The inside rows go first up the center aisle and then the outside rows dismiss to the back of the church and then up the center aisle. If that's too far a walk, please come to the railing in whatever way you are most able, or alert an usher if you wish to receive communion in your seat. There are two options to receive the wine: by sharing from the common chalice (cup) or by intinction (dipping the wafer) into the Communion Bowl. Please do not use the common cup for dipping. Gluten free wafers and/or grape juice are available upon request. Finally, those wishing to receive a blessing instead of Communion are invited to cross their arms as a signal to the priest.*

Post Communion Prayer

Celebrant: Let us pray.

All: *Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of Christ, and heirs of your eternal kingdom. And now, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Savior. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.*

Blessing

Celebrant: Your word, O Lord, is a lamp to our feet and a light for our path. May the blessing of God, Father, Son, and Holy Spirit be among you and remain with you always. *Amen*

Closing Hymn #493

*O for a thousand tongues to sing*

Dismissal

Celebrant: Go in peace to love and serve the Lord. Alleluia! Alleluia!

People: *Thanks Be to God! Alleluia! Alleluia!*

Postlude

*Dialogue sur les grands jeux (Messe pour les couvents)*

*Couperin*

*Exiting: Your presence is a blessing! Thank you for this gift.*

*\* Please note: we save paper by using the blue hymnal book rather than printing hymns in the bulletin. The Hymnal 1982 uses masculine pronouns for God since that was customary at the time of its printing. Those worshipping, however, are welcome to substitute gender neutral pronouns for God when singing or speaking if that better honors your practice.*